



# ACAM

Australasian College of Aesthetic Medicine

Introduction to Cosmetic Medicine  
Saturday 8<sup>th</sup> April, 2017

Time	Speaker	Topic/Title
9.00am	Dr Sharron Phillipson Dr Lesleigh Brown	<p><u>Introduction</u></p> <ul style="list-style-type: none"> <li>• The Classification of skin Types and Levels of Photodamage</li> <li>• Assessment</li> <li>• Dyschromias</li> <li>• Wrinkles</li> </ul> <p>What are Skin Peels</p> <ul style="list-style-type: none"> <li>• Classification of Peel Depths</li> <li>• Peeling Agents</li> <li>• Toxicity</li> </ul> <p>Reversal of Photodamage with Chemical Non-peel Techniques</p> <ul style="list-style-type: none"> <li>• Sun Avoidance</li> <li>• Retinoic Acid</li> <li>• Alpha Hydroxy Acids</li> <li>• Combination Therapy</li> <li>• Other Non-peel methods</li> </ul> <p><u>Basic Concepts in Skin Peeling</u></p> <ul style="list-style-type: none"> <li>• Pharmaceutical considerations</li> <li>• Priming</li> <li>• Wound healing</li> <li>• Regional Peels</li> <li>• Repeeling</li> </ul>

		<ul style="list-style-type: none"><li>• Anaesthesia</li><li>• The difference between facial and Non-facial skin peels</li></ul> <p>Patient Information</p> <ul style="list-style-type: none"><li>• Photographs</li><li>• Checklists</li><li>• Consent Forms</li><li>• Instructions</li></ul> <p>Jessner Peels</p> <ul style="list-style-type: none"><li>• Jessners solution</li><li>• Performing the peel</li><li>• Complications</li></ul> <p>Glycolic Acid Peels</p> <ul style="list-style-type: none"><li>• Neutralisation</li><li>• Glycolic acid strength and pH</li><li>• Performing the peel</li><li>• Complications</li></ul> <p>Trichloroacetic Acid Peels</p> <ul style="list-style-type: none"><li>• Trichloroacetic Acid Solutions and Basic Pharmacy</li><li>• Performing the peel</li><li>• Non-facial Peels with Trichloroacetic Acid</li></ul> <p>Complications</p> <ul style="list-style-type: none"><li>• Tears dripping on the neck</li><li>• Premature peeling</li><li>• Infection</li><li>• acneform eruptions</li><li>• Ecchymoses</li><li>• Postinflammatory Hyperpigmentation</li><li>• Hypopigmentation</li><li>• Allergic reactions</li><li>• Persistent Erythema</li></ul>
--	--	---

		<ul style="list-style-type: none"> <li>• Scarring</li> </ul> <p>Patient selection</p> <ul style="list-style-type: none"> <li>• Initial Consultation</li> <li>• Treatment Programs</li> </ul>
10.20-10.30 am	Q&A	
10.30 Morning Tea		
11.00 am-12.00 pm		<p>Botulinum Toxin in the Treatment of facial wrinkles</p> <ul style="list-style-type: none"> <li>• Where can Botulinum Toxin be used?</li> <li>• Complications</li> <li>• Mechanism of action</li> </ul> <p>Botulinum Toxin in the Treatment of Hyperhidrosis</p> <ul style="list-style-type: none"> <li>• Mechanism of Action</li> <li>• Injection Technique</li> </ul>
12.00 pm – 12.50 pm		<p><u>Dermal Fillers</u></p> <ul style="list-style-type: none"> <li>• Indications of the face which can be treated effectively with dermal filler</li> <li>• Injection technique to treat the different indications of the face</li> <li>• Potential Complications</li> <li>• Management of Potential Complications</li> <li>• Post Treatment Protocols</li> <li>• Nasolabial Folds</li> <li>• Lip Augmentation</li> <li>• Peri-oral Lines</li> <li>• Oral Commissures</li> <li>• Scar Revisions (optional)</li> <li>• Fines lines and deep</li> </ul>

		wrinkles
12.50-1.00 pm	Q&A	
1.00 pm – 2.00	Lunch	
2.00-3.30 pm	Demonstrations at North Sydney Skin Cancer and Cosmetic Medicine Centre. 2/231 Miller St, North Sydney.	<p>Demonstration Peel/Dermal Fillers and Botulinum Toxin Injections  Demonstration Peel</p> <ul style="list-style-type: none"> <li>• Glycolic Acid Peel</li> <li>• Jessner Peel</li> <li>• Trichloroacetic Acid Peel</li> <li>• Botulinum Toxin Injection for rhytids</li> <li>• Botulinum Toxin Injection for Hyperhidrosis</li> <li>• Dermal Fillers <ul style="list-style-type: none"> <li>• Nasolabial Folds</li> <li>• Lip Augmentation</li> <li>• Peri-orbital Lines</li> <li>• Peri-oral Lines</li> <li>• Oral Commissures</li> <li>• Scar Revisions (optional)</li> <li>• Fines lines and deep wrinkles</li> </ul> </li> </ul>
3.00pm-3.15 pm	Afternoon Tea	
3.15-5.00 pm		<p>Demonstration Peel/Dermal Fillers and Botulinum Toxin Injections  Demonstration Peel</p> <ul style="list-style-type: none"> <li>• Glycolic Acid Peel</li> <li>• Jessner Peel</li> <li>• Trichloroacetic Acid Peel</li> <li>• Botulinum Toxin Injection for rhytids</li> <li>• Botulinum Toxin Injection for Hyperhidrosis</li> <li>• Dermal Fillers <ul style="list-style-type: none"> <li>• Nasolabial Folds</li> </ul> </li> </ul>

		<ul style="list-style-type: none"><li>• Lip Augmentation</li><li>• Peri-orbital Lines</li><li>• Peri-oral Lines</li><li>• Oral Commissures</li><li>• Scar Revisions (optional)</li><li>• Fines lines and deep wrinkles</li></ul>
--	--	--